



**HUNTINGDONSHIRE
CHILD AND FAMILY CENTRE**

WHAT'S ON

May 2024



Welcome to our Child & Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk or on Facebook.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses

St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT	St Neots Child and Family Centre, Eynesbury Site Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry Community Centre, Green End Road, Sawtry PE28 5UX	Ramsey Child and Family Zone at Ramsey Library, 25 Great Whyte, Ramsey PE26 1HG
Huntingdon Child and Family Centre, Huntingdon Youth, Child & Family Centre Site, Sallowbush Road, Huntingdon PE29 7AF	Huntingdon Child and Family Centre, Huntingdon Nursery School Site, Ambury Road, Huntingdon PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre, St Ives PE27 5QB	

If you would like to be kept up to date about our activities by email,
please ask to join our mailing list.

B = Booking Required

£ = There is a charge for this session

Monday				
English for Adults 9am to 11am	13, 20 May	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Messy Play 9.30am to 10.30am	13, 20 May	A fun messy play session for children aged 6 months to 2 years. To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	13, 20 May	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Tiniest Feet 10am to 11.30am	13, 20 May	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone

B = Booking Required

£ = There is a charge for this session

Monday continued				
Crawlers to Walkers 10am to 11.30am	13, 20 May	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
Self-Weigh 11.30am to 1.30pm	13, 20 May	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 12 noon to 1.15pm	13, 20 May	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
Music Tots 1pm to 2.30pm	13, 20 May	A session full of music, singing and free play. Suitable for children aged 1 to 5 years. To book a space please call 01480 372700.	B £	Little Paxton Village Hall High Street Little Paxton St Neots PE19 6EY
English for Adults 1.15pm to 3.15pm	13, 20 May	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course (no crèche for welcome session). To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD

B = Booking Required

£ = There is a charge for this session

Monday continued				
Pop In and Play 1.30pm to 2.30pm	13, 20 May	Pop in and play with toys and chat with others. Child and Family Centre staff available for advice and signposting. Clothes bank and self-weigh also available. Suitable for families with children up to 5 years old. To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Sensory SEND group 1.30pm to 3pm	20 May	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre


B = Booking Required

£ = There is a charge for this session

Tuesday				
Maths for Adults 9am to 11am	7, 14, 21 May	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Music Tots 9.45am to 10.45am	7, 21, 28 May	A fun session full of music, singing and free play in partnership with the Salvation Army. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Salvation Army Centre 1 Field Terrace Farcet PE7 3DA
Stay and Play Little Bears 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
Storytime 10am to 11am	Weekly	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required.		Coneygear Centre Butts Grove Way Huntingdon PE29 1PE
Self-Weigh 10am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Ramsey Child and Family Zone

B = Booking Required

£ = There is a charge for this session

Tuesday continued				
P3 Drop In 10am to 12 noon	7 May	A free drop-in for tenancy and housing related support. An opportunity to get advice around budgeting, health and well-being, employment, education and training.		Eaton Socon Child and Family Centre
Pop Up Sensory SEND group 10am to 11.30am	14 May	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone
Stay and Play: 50 Things 1pm to 2.30pm 	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre

B = Booking Required

£ = There is a charge for this session

Tuesday continued				
Stay and Play: 50 Things 1.30pm to 3pm 	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

B = Booking Required

£ = There is a charge for this session

Wednesday				
Stay and Play 9.15am to 10.45am	1, 8, 15 May	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Sensory Babies 10am to 11.30am	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
Drop In Clothes Bank 10am to 12.30pm	8 May	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.		Huntingdon Youth, Child and Family Centre
Helping Little People with Big Feelings 10am to 11.30am	15, 22 May 5, 12 June	A 4 week programme for parents and carers who want to learn new and helpful ways to respond to their child's 'big' feelings and behaviour. Suitable for families with a child aged between 1 and 3 ½ years. To request a space please call 01480 372700.	B	Brightfields Centre St Mary's Street Farcet PE7 3AR

B = Booking Required

£ = There is a charge for this session

Wednesday continued				
Self-Weigh 12pm to 2pm	8, 15, 22, 29 May	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Sawtry Child and Family Zone
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
Young Parent Peep 1.15pm to 2.45pm	22 May	A fun and relaxed group for young parents aged under 25 to meet other young parents and socialise with your children. To book a space please call Amanda on 07858 160052 or Sam on 07858 160039.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Sensory Babies 1.30pm to 3pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. 15 May – Baby Music Tots Rhymes and songs with instruments, pom poms, scarves and parachutes, and toys in the sensory room. No self-weigh. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre

B = Booking Required

£ = There is a charge for this session

Wednesday continued				
Stay and Play 1.45pm to 3pm	1, 8, 15, 22 May	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB
Pathway to Parenting 3pm to 5pm	1, 8, 15, 22 May	Pathway to Parenting is a face-to-face interactive program, covering lots of topics to help you prepare for birth, and parenthood. Suitable for parents from 20 weeks gestation. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre

B = Booking Required

£ = There is a charge for this session

Thursday				
Peep Group 9.30am to 11am	2, 9, 16, 23 May	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
Introducing Family Foods 9.45am to 10.45am		A workshop to find out more about how to introduce your baby to your family foods. 9 May – Huntingdon Youth, Child and Family Centre 30 May – Ramsey Child and Family Zone To book a space please call 01480 372700.	B	Various locations, please see description
Little Explorers 10am to 11.30am	2, 9, 23, 30 May	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play 10am to 11.30am	2, 9, 23, 30 May	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

B = Booking Required

£ = There is a charge for this session

Thursday continued				
Somersham Pop Up Play 10am to 11am	2, 9, 23 May	<p>Pop up stay and play sessions with a different theme every time. Suitable for children aged 0 to 5 years.</p> <p>2 May – Stay and Play 9 May – Healthy Eating 23 May – Mini Beasts</p> <p>To book a space please call 01480 372700.</p>	B £	Somersham Victory Hall Parkhall Road Somersham PE28 3HE
Pop Up Baby Group 10am to 11.30am	9 May	<p>A fun filled session for pre-mobile babies, which helps children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome.</p> <p>To book a space please call 01480 372700.</p>	B £	Brightfields Centre St Mary's Street Farcet PE7 3AR
Sensory SEND group 10am to 11.30am	23 May	<p>A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome.</p> <p>To book a space please call 01480 372700.</p>	B	Brightfields Centre St Mary's Street Farcet PE7 3AR

B = Booking Required

£ = There is a charge for this session

Thursday continued				
Self-Weigh 10.30am to 12.30pm	2, 9, 23, 30 May	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		St Ives Child and Family Zone
Drop In Antenatal Session for Teenage Parents 12.30pm to 3.30pm	16, 23 May	A friendly, informal session run by our local Teenage Pregnancy Midwife, Nikki, with an opportunity to chat about your journey as young parents. Suitable to expectant parents under 20 years.		Ramsey Child and Family Zone
Peep Group 1pm to 2.30pm	2, 9, 16, 23 May	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE




B = Booking Required

£ = There is a charge for this session

Friday				
Self-Weigh 9.30am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	Weekly	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 May – Let's Explore Space 10 May – Let's Explore Mini Beasts 17 May – Let's Explore Endangered Species 24 May – Let's Explore Turtles 31 May – Let's Explore Jungle Animals To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
Breastfeeding Drop-in 10am to 11.30am	Weekly	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	Weekly	Four different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 May – Stay and Play 10 May – Let's Get Creative 17 May – Role Play 24 May – Let's Get Physical 31 May – Little Builders To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

B = Booking Required

£ = There is a charge for this session

Friday continued				
Pop Up Gruffalo Messy Play 10am to 11am	31 May	A themed messy play session suitable for children aged 2 to 8. Younger siblings welcome. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Drop In Clothes Bank 12.30pm to 2.30pm	24 May	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.		Eaton Socon Child and Family Centre
Five to Thrive Friday 	Weekly	'The things you do every day, that help your child's growing brain'. We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!		Facebook post:  

B = Booking Required

£ = There is a charge for this session



**FREE
resources
on debt and
relationships**

Debt and relationships

Online materials to help you with debt and the impact it has on your relationships

Debt and money troubles are among the biggest causes of relationship stress.

In these short animations, real couples tell their stories of being in debt and the steps they took to get things back on track.

If you're worried about debt, watch these clips to see why it's best to act as soon as possible, and why it's always a good idea to talk to your partner about what's happening.



To access the online material, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.






Register at this address
www.oneplusone.org.uk/parents
or scan the QR code



 **oneplusone**

B = Booking Required

£ = There is a charge for this session

	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact childandfamilycentre.hunts@cambridgeshire.gov.uk for a chat with one of our staff.</p>
	<p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.</p>
	<p>Five to Thrive</p> <p>'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p>Breastfeeding Support</p>	<p>Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding</p>
<p>Are you concerned about the safety of a child?</p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p>Support for Young People</p>	<p>Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.</p> <p>www.keep-your-head.com</p>



B = Booking Required

£ = There is a charge for this session

Our Opening Times

Eaton Socon Site	Eynesbury Site	
<i>Tuesday, Wednesday, and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>	<i>Monday 9.30am to 2.30pm</i>	
Sawtry Zone	Ramsey Zone	
<i>Monday 9.30am to 2pm Wednesday 12pm to 2.30pm Friday 9.30am to 2pm</i>	<i>Tuesday 10am to 2pm Thursday 10am to 1pm</i>	
Huntingdon Nursery Site	Huntingdon Youth Centre Site	St Ives Zone
<i>Monday to Friday 10am to 3pm (by appointment only)</i>	<i>Monday, Tuesday, Wednesday, Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>	<i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>

Contact Us

Get In Touch		
St Neots Child and Family Centre Eaton Socon Site 01480 372700	St Neots Child and Family Centre Eynesbury Site 01480 372700	
Sawtry Child and Family Zone 01480 372700	Ramsey Child and Family Zone 01480 372700	
Huntingdon Child and Family Centre Huntingdon Nursery Site 01480 375216	Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site 01480 372700	
St Ives Child and Family Zone 01480 372700		
Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk		



Follow us on Instagram -
@childandfamilycentres.hunts



'Like' our Facebook page -
Huntingdonshire Child
and Family Centres



Find us on YouTube -
Cambridgeshire Child
and Family Centres



B = Booking Required

£ = There is a charge for this session