

Education Inclusion Family Advisor Newsletter

January 2024

Education Inclusion Family Advisors

are linked to Primary Schools and are available to provide information, support and signposting for parents.

We are available via schools, and providing phone and email support. Feel free to get in touch via the contact details at the bottom of this newsletter.

Financial Support and Advice

Household Support Fund - Up to £110 payment to help with paying for household energy bills and food. Available to people experiencing immediate financial hardship. [Household Support Fund - Cambridgeshire County Council website.](#)

Cost of Living Payment eligibility. You may be entitled to up to 3 Cost of Living Payments: [Cost of Living Payments 2023 to 2024 - GOV.UK \(www.gov.uk\)](#)

Cambridgeshire Local Assistance Scheme (CLAS)
http://makingmoneycount.org.uk/assets/uploads/2022/05/Universal-access-to-CLAS-16_03.pdf

Access to the following grant is via a professional referral: Stay Well Grant – up to £400 are awarded for vulnerable individuals and families facing fuel poverty. For those that are homeless, other costs of keeping warm (such as sleeping bags) will be considered. Please contact your local Citizens Advice - [Citizens Advice Cambridge & District](#) or [Citizens Advice Rural Cambs.](#)

The Education Inclusion Family Advisor team are offering a range of countywide online workshops this term:

Parental wellbeing - Tuesday 9th January 2024 (12 – 1pm)

Supporting your child with feelings of worry - Tuesday 16th January 2024 (12-1.30pm)

Supporting your child with feelings of anger – Tuesday 23rd January 2024 (12-1.30pm)

Arguing Better, Session 1 - Tuesday 30th January 2024 (12-1.30pm) *Parents need to attend both sessions*

Sleep hygiene - Tuesday 6th February (12-1pm)

Arguing Better, Session 2 - Tuesday 13th February 2024 (12-1.30pm) *Parents need to attend both sessions*

To book a place on any of the workshops, please use the link or the QR code below:

<https://forms.office.com/e/4tCXXqv3PC>



Tips for going back to school after a break:

- Go back to your normal morning and bedtime routine few days before school starts.
- Remind your child what is expected from them at school.
- Talk about school in positive way.
- Look after yourselves too – January can be a challenge for everyone!

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer.



Cambridgeshire
County Council



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