



5th January 2024

Dear Parent/ Carer,

Year Three: Food Tasting Experience - Wednesday 17th January 2024

Geography Food Tasting

In geography this half term, the children will be learning about Greece and comparing it to the UK. For our Sparky Start to this topic, the children will have the opportunity to try some Greek foods.

This will include:

- olives
- feta cheese
- hummus
- pitta bread
- tzatziki
- Greek yoghurt.

Design and Technology Health Snack Project

In Design and Technology this term, the children will be making a healthy snack which will consist of couscous and some additional ingredients. In preparation for designing and making their own couscous, the children will have the chance to taste a range of ingredients including:

- cucumber
- red pepper
- green pepper
- green olives
- carrot
- celery
- tomato
- spring onion
- dried apricot
- sultanas

Once children have tasted the above ingredients and designed their own couscous snack, they will have opportunity to make it, eat it and then evaluate it.

FOOD ALLERGIES: Please let your child's class teacher know if your child is unable to touch or taste any of the listed ingredients above **by Friday 12th January 2024 at the latest.**

Yours sincerely,

Mr. Chris Dorey
Head of Year Three