



10th November 2023

Dear Parent/ Carer,

Year Six: Relationships Education and Health Education

In school, we aim to help children to learn to respect themselves and others, and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships and Health Education, which are statutory parts of the broader subjects, PSHCE. As part of our programme, we provide Relationships and Sex Education (RSE). This programme begins as soon as children start school and continues until the end of secondary school. There is more information about the areas your child will be covering below. We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home.

We hope this letter gives you some more information about our partnership in developing children's knowledge, skills and attitudes relating to RSE. Our Relationships Education Policy, which covers RSE, is available to read on our website.

This half term in Year Six, we will be completing the Sex Education part of the Relationship and Sex Education unit of work. This will include a review of the menstruation cycle/ changes through puberty and internal and external sexual organs. **It will also include how babies are conceived and born (Sex Education).**

We encourage you to discuss these areas with your child before, during or after our topic, as children say that they greatly value being able to talk with their parents/ carers about these issues. The sessions are due to start on Thursday 23rd November and will be weekly until the end of term.

These are some useful sources of support:

To read the government guidance for Primary parents on RSE follow this link:

assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf

For information on talking about RSE to your children, we suggest

www.bigtalkeducation.co.uk/parents/how-to-talk-about-sex/

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/healthy-sexual-behaviour-children-young-people/

You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. Please contact the office if you would like to discuss this. If you would like to discuss any issues relating to our work on RSE, or to find out more about the lessons, please contact the office who will forward your questions to the class teacher and Head of Year.

As part of the learning, children will be shown three films. You are welcome to watch these films, without the children present, at 15:30 on Thursday 16th November. If viewed entirely, the three films would last approximately sixty minutes. Please contact the school office if you would like to arrange a viewing of these films. Due to limited space, we may need to arrange an additional day. If we need to, we will contact you with an alternative day and time.

We have carefully reviewed the resources we use to support our teaching to ensure they are appropriate to the age and needs of the children.

Yours sincerely,

Mr. Martin Righetta

Head of Year Six