



HUNTINGDONSHIRE CHILD AND FAMILY CENTRE

WHAT'S ON

November 2023

Welcome to our Child & Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses

| | |
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| St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT | St Neots Child and Family Centre, Eynesbury Site Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX |
| Sawtry Child and Family Zone at Sawtry Community Centre, Green End Road, Sawtry PE28 5UX | Ramsey Child and Family Zone at Ramsey Library, 25 Great Whyte, Ramsey PE26 1HG |
| Huntingdon Child and Family Centre, Huntingdon Youth, Child & Family Centre Site, Sallowbush Road, Huntingdon PE29 7AF | Huntingdon Child and Family Centre, Huntingdon Nursery School Site, Ambury Road, Huntingdon PE29 1AD |
| St Ives Child and Family Zone at Broad Leas Centre, St Ives PE27 5QB | |

If you would like to be kept up to date about our activities by email,
please ask to join our mailing list.

B = Booking Required

£ = There is a charge for this session

| Monday | | | | |
|---|--------|--|--------|--|
| Messy Play 9.30am to 10.30am | Weekly | A fun messy play session for children aged 6 months to 2 years. To book a space please call 01480 375216. | B £ | Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD |
| Tiniest Feet 10am to 11.30am | Weekly | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. To book a space please call 01480 372700. | B £ | Eynesbury Child and Family Centre |
| Tiniest Feet 10am to 11.30am | Weekly | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. To book a space please call 01480 372700. | B £ | Sawtry Child and Family Zone |
| Crawlers to Walkers 10am to 11.30am | Weekly | A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years. To book a space please call 01480 372700. | B £ | St Ives Child and Family Zone |

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| Monday continued | | | | |
|--|---------------|--|--------|--|
| Coffee and Chat Drop In 10am to 11am | 6, 13, 20 Nov | Come in for a cuppa, play with toys and chat with others. Child and Family Centre staff available for advice and signposting. Clothes bank and self-weigh also available. For families with children, up to 5 years old. | | Huntingdon Youth, Child and Family Centre |
| Sensory SEND group 10am to 11.30am | 27 Nov | A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. To book a space please call 01480 372700. | B £ | Huntingdon Youth, Child and Family Centre |
| Self-Weigh 11.30am to 1.30pm | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | Huntingdon Youth, Child and Family Centre |
| Self-Weigh 12 noon to 1.45pm | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | Eynesbury Child and Family Centre |
| Music Tots 1pm to 2.30pm | Weekly | A session full of music, singing and free play. Suitable for children aged 1 to 5 years. To book a space please call 01480 372700. | B £ | Little Paxton Village Hall High Street Little Paxton St Neots PE19 6EY |

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| Monday continued | | | | |
|---|--------|---|---|---|
| English for Adults 1pm to 3pm | Weekly | Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course (no crèche for welcome session). To book a space please call 01480 375216. | B | Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD |
| Antenatal Breastfeeding Workshop 1.30pm to 3.30pm | 20 Nov | An antenatal breastfeeding workshop delivered by Midwifery to prepare and support expectant families around breastfeeding. To book a space please call 01480 372700. | B | Huntingdon Youth, Child and Family Centre |
| Coffee and Chat Drop In 1.45pm to 2.45pm | Weekly | Come in for a cuppa, play with toys and chat with others. Child and Family Centre staff available for advice and signposting. Clothes bank and self-weigh also available. For families with children, up to 5 years old. | | Eynesbury Child and Family Centre |



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| Tuesday | | | | |
|---|---------------|---|--------|---|
| Maths for Adults 9am to 11am | Weekly | Join our fun, friendly and relaxed Maths for Adults course. In collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216. | B | Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD |
| Music Tots 9.45am to 10.45am | Weekly | A fun session full of music, singing and free play in partnership with the Salvation Army. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | Salvation Army Centre 1 Field Terrace Farcet PE7 3DA |
| Brampton Parents and Tots 9.45am to 11.15am | 14, 28 Nov | A stay and play session for families to meet other parents and access support and advice from the Child and Family Centre team. Suitable for children aged 0 to 2 years. Run in partnership with Brampton Hub. To book a space please call 01480 372700. | B | Montague House Care Home Keeling Lane, Brampton PE28 4BS |
| Stay and Play Little Bears 10am to 11.30am | Weekly | An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | Judith's Field Pavilion London Road Godmanchester PE29 2WB |
| Storytime 10am to 11am | Weekly | Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required. | | Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE |

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| Tuesday continued | | | | |
|---|--------|--|--------|---|
| Self-Weigh 10am to 12noon | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | Ramsey Child and Family Zone |
| Tiniest Feet 12.30pm to 2pm | Weekly | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. To book a space please call 01480 372700. | B £ | Ramsey Child and Family Zone |
| Pop Up Multiple Births Group 1pm to 2.30pm | 14 Nov | A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | St Ives Child and Family Zone |
| Stay and Play: 50 Things 1pm to 2.30pm  | Weekly | A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700. | B £ | Eaton Socon Child and Family Centre |
| Stay and Play: 50 Things 1.30pm to 3pm  | Weekly | A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700. | B £ | Huntingdon Youth, Child and Family Centre |

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| Wednesday | | | | |
|--|--------|--|--------|--|
| Stay and Play 10am to 11.30am | Weekly | A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | Bargroves Centre Cromwell Road St Neots PE19 2EY |
| Sensory Babies 10am to 11.30am | Weekly | Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. To book a space please call 01480 372700. | B £ | Huntingdon Youth, Child and Family Centre |
| Self-Weigh 11.30am to 12.45pm | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | Sawtry Child and Family Zone |
| Tiniest Feet 12.30pm to 2pm | Weekly | Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. To book a space please call 01480 372700. | B £ | St Ives Child and Family Zone |
| Stay and Play 1pm to 2pm | Weekly | A stay and play session, suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | Somersham Victory Hall Parkhall Road Somersham PE28 3HE |

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| Wednesday continued | | | | |
|--|--------|---|--------|--|
| Young Parent Peep 1.15pm to 2.45pm | 29 Nov | A fun and relaxed group for young parents aged under 25 to meet other young parents and socialise with your children. To book a space please call Amanda on 07858 160052 or Sam on 07858 160039. | B £ | Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD |
| Sensory Babies 1.30pm to 3pm | Weekly | Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Suitable for babies up to 1 year, with parents-to-be welcome too. 29 Nov – Baby Music Tots Rhymes and songs with instruments, pom poms, scarves and parachutes, followed by toys in the sensory room. To book a space please call 01480 372700. | B £ | Eaton Socon Child and Family Centre |
| Stay and Play 1.45pm to 3pm | Weekly | A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B | Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB |

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| Thursday | | | | |
|--|--------|---|--------|--|
| Peep Group 9.30am to 11am | Weekly | A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 1 to 2 years. To book a space please call 01480 375216. | B £ | Christian Centre Nene Road Huntingdon PE29 1RE |
| Introducing Family Foods 9.45am to 10.45am | | A workshop to find out more about how to introduce your baby to your family foods. 2 Nov – Ramsey Child and Family Zone 9 Nov – Huntingdon Youth, Child and Family Centre 16 Nov – Eaton Socon Child and Family Centre To book a space please call 01480 372700. | B | Various locations, please see description |
| Self-Weigh 10am to 12noon | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | St Ives Child and Family Zone |
| Pop Up Bonfire Night Stay and Play 10am to 11.30am | 2 Nov | A themed play session. Suitable for children aged 0 to 5 years, with younger siblings welcome. To book a space please call 01480 372700. | B £ | Brightfields Centre St Mary's Street Farcet PE7 3AR |
| Little Explorers 10am to 11.30am | Weekly | A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | Eaton Socon Child and Family Centre |

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| Thursday continued | | | | |
|---|------------|--|--------|---|
| Stay and Play 10am to 11.30am | Weekly | A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700. | B £ | St Ives Child and Family Zone |
| Sensory SEND group 10am to 11.30am | 30 Nov | A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. To book a space please call 01480 372700. | B £ | Brightfields Centre St Mary's Street Farcet PE7 3AR |
| Eden Place Storycraft 10.30am to 11.30am | 23 Nov | A multi-generational story and craft session based on classic books. Suitable for children aged 2 to 5 years with younger siblings welcome. To book a space please call 01480 372700. | B £ | Eden Place Extra Care Housing Langley Court St Ives PE27 5SF |
| Peep Group 1pm to 2.30pm | Weekly | A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 1 year. To book a space please call 01480 375216. | B £ | Christian Centre Nene Road Huntingdon PE29 1RE |
| Drop In Antenatal Session for Teenage Parents 1.30pm to 3pm | 23, 30 Nov | A friendly, informal session run by our local Teenage Pregnancy Midwife, Nikki, with an opportunity to chat about preparing for your journey as young parents. Suitable for expectant parents under 20 years. | | Eaton Socon Child and Family Centre |

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| Friday | | | | |
|---|--------|---|--------|---|
| Self-Weigh 9.30am to 12noon | Weekly | Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required. | | Eaton Socon Child and Family Centre |
| Four to Explore 10am to 11.30am | Weekly | Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 Nov – Bonfire Night 10 Nov – Diwali 17 Nov – People who help us 24 Nov – St Andrew’s Day To book a space please call 01480 372700. | B £ | Sawtry Child and Family Zone |
| Breastfeeding Drop-in 10am to 11.30am | Weekly | A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding. | | Eaton Socon Child and Family Centre |
| Four to Explore 10am to 11.30am | Weekly | Four different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 Nov – Storyplay 10 Nov – Let’s Get Physical 17 Nov – Little Builders 24 Nov – Let’s Get Creative To book a space please call 01480 372700. | B £ | Huntingdon Youth, Child and Family Centre |

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Friday continued

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|---|--------|--|--|------------------------------|
| Drop In Clothes Bank 12 noon to 2pm | 10 Nov | Is your child in need of some clothes? Come along to our clothes bank and take the items you need. | | Sawtry Child and Family Zone |
|---|--------|--|--|------------------------------|

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| Saturday | | | | |
|---|-----------|---|--------|-------------------------------|
| Something on a Saturday 10am to 11.30am | 4, 25 Nov | A stay and play session for families who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book a space please call 01480 372700. | B £ | St Ives Child and Family Zone |

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| Breastfeeding Support | Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding |
| Are you concerned about the safety of a child? | If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999. |
| Support for Young People | Keep Your Head: A young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com |
| Keep up to date | If you would like to be kept up to date about our activities by email, please ask to join our mailing list. |



Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children

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Our Opening Times

| | | |
|--|---|---|
| Eaton Socon Site | Eynesbury Site | |
| <i>Tuesday, Wednesday, and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i> | <i>Monday 9.30am to 2.30pm</i> | |
| Sawtry Zone | Ramsey Zone | |
| <i>Monday 9.30am to 2pm Wednesday 12pm to 2.30pm Thursday 9.30am to 1pm Friday 9.30am to 2pm</i> | <i>Tuesday 10am to 2pm Thursday 10am to 1pm</i> | |
| Huntingdon Nursery Site | Huntingdon Youth Centre Site | St Ives Zone |
| <i>Monday to Friday 10am to 3pm (by appointment only)</i> | <i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i> | <i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i> |

Contact Us

| Get In Touch | |
|--|---|
| St Neots Child and Family Centre Eaton Socon Site 01480 372700 | St Neots Child and Family Centre Eynesbury Site 01480 372700 |
| Sawtry Child and Family Zone 01480 372700 | Ramsey Child and Family Zone 01480 372700 |
| Huntingdon Child and Family Centre Huntingdon Nursery Site 01480 375216 | Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site 01480 372700 |
| St Ives Child and Family Zone 01480 372700 | |
| Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk | |



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and Family Centres



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