

Education Inclusion Family Advisor Newsletter

September 2023

Welcome back!

Education Inclusion Family Advisors are linked to Primary Schools and are available to provide information, support and signposting for parents.

The St. Neots area is covered by Lorraine Simon and Charlotte Dean.

We are available via schools, and providing phone and email support. Feel free to get in touch via the contact details at the bottom of this newsletter.

Back To School

Top tips for a good start to the new school year:

- Consistent bedtime routines
- Having everything ready the night before
- Getting up earlier on school days
- Healthy breakfast
- Label everything!
- Talk to your child about any worries they might have about starting school
- Talk to your child's class teacher about any concerns you might have.

Find tips, advice and things for young people to make-and-do on CBBC website: <https://www.bbc.co.uk/cbbc/curations/back-to-school>



Workshops

Please see below the list of workshops that we are delivering this half-term. They are all accessed via TEAMS and are 12-1pm.

Digital safety/ internet safety – 19th September 2023

Parental wellbeing – 26th September 2023

Supporting with feelings of worry – 3rd October 2023

Supporting with feelings of anger – 10th October 2023

Sleep – 17th October 2023

Here is the link to the booking form:

<https://forms.office.com/e/xxFqRNQmF2>



Welcome back to the start of the new school year!

Over the summer holidays the Education Inclusion Family Advisor Team have been supporting families and running additional workshops around common parenting themes such as styles of parenting, sibling dynamics, and behaviour strategies.

These have been popular and feedback has been positive. We always welcome feedback and ideas from parents so if you have any requests on future workshop topics that you would like to see added our offer, please contact us on:

earlyintevention@cambridgeshire.gov.uk



Cambridgeshire
County Council



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