



## **Parent/Carers of**

## **Crosshall Junior School**



Tuesday 13th June at 9:00am



With Jayal Valaba, Mica Rosen and Chloe Phillips from the Mental Health Support Team linked with your school

Does your child find it difficult to manage their feelings and worries?

Would you like to feel more confident in helping your child to manage their worries and emotions?

Please come for an informal information sharing and advice session in school over some tea and biscuits with other parents.

We look forward to meeting you.

What do you need to do?

Nothing just turn up!

If you need to bring your pre-school aged children then they are also welcome.