

# MIENUI = ONE



#### MONDAY

### TUIESDAY

Sausages Vegetable Lasagne Fishcakes - G/F Roast Chicken or Beef - G/F Jacket Potatoes - G/F Filled Baguettes (Ham/Cheese/Tuna)

Roast Potatoes Mash Potato Rice New Potatoes Selection of Breads

Peas Sweetcorn Baked Beans Carrots Broccoli Salad Bar

Steamed Sponge & Custard Iced Sponge Cupcakes Yoghurts Fruit

Pizza - G/F Chicken Curry - G/F Cottage Pie - G/F Sea Stars Jacket Potatoes - G/F Sandwiches (Ham/Egg/Tuna)

Roast Potatoes Mash Potato Rice Wedges Selection of Breads

Peas Sweetcorn Baked Beans Carrots Green Beans Salad Bar

Fruit Crumble & Custard Iced Sponge Scones Biscuits Yoghurts Fruit

#### WEDNESDAY

Spaghetti Bolognaise Fish Fingers - G/F Cheese Flan Quorn Chicken in a Sauce Roast Pork Jacket Potatoes - G/F Filled Wraps (Ham/Cheese/Tuna)

Roast Potatoes Mash Potato Rice New Potatoes Selection of Breads

Peas Sweetcorn Baked Beans Carrots Stir Fry Vegetables Salad Bar

Bakewell Tart & Custard Iced Buns Ice Cream Biscuits Yoghurts Fruit

## THURSDAY

Toad in the Hole Sweet & Sour Chicken Pasta Bake - G/F Roast Turkey Vegetarian Sausage Rolls Jacket Potatoes - G/F Filled Baguettes (Ham/Cheese/Tuna)

Roast Potatoes Mash Potato Rice New Potatoes Selection of Breads

Peas Sweetcorn Baked Beans Carrots Cauliflower Salad Bar

Steamed Sponge & Custard Choc Chip Cookies Victoria Sandwich Biscuits Ice Cream Yoghurts Fruit

#### FRIDAY

Battered Fish - G/F Burgers in a Bun Chicken in a Sauce - G/F Omelettes - G/F Macaroni Cheese Jacket Potatoes - G/F Filled Baguettes (Ham/Cheese/Tuna)

Chips Mash Potato Rice Noodles Selection of Breads

Peas Sweetcorn Baked Beans Carrots Mushrooms Salad Bar

Fudge Tart & Choc Sauce Doughnuts Yum Yums Biscuits Yoghurts Fruits

Further Gluten Free options are available daily.