

5th May 2023

Dear Parent/Carer

YEAR SIX RESIDENTIAL TRIP TO ROCK UK: Wednesday 7th June - Friday 9th June 2023

I am pleased to be able to provide you with final details of the arrangements for our residential trip to ROCK UK.

If you require any further information or have any concerns you wish to discuss with me or the team, please arrange to speak with us via the School Office.

OUTWARD TRAVEL ARRANGEMENTS - Outward Journey Wednesday 7th June

We will travel to ROCK UK by coach.

ARRIVAL TIME AT SCHOOL

Please ensure that your child is wearing a sweatshirt with the school logo and has a coat with him/her.

Your child should arrive at school at the normal time. He/She should come into their classroom via their external classroom door. If you have medication to hand in, you will need to come to the Duloe room door (in between 6CH and 6HB).

If you wish to wave goodbye from the car park, we expect to leave school at approximately 11.00am.

MEDICINES

Children registered as having asthma <u>must</u> bring their inhalers from home with them. Children, who normally have medication kept in school, need to bring their medication **from home** as we will not be taking the school medication. This is to ensure all vital medication is in school on our return. At the end of the trip, medicines will not be returned to children. Parents will need to reclaim them from the school office in the days following the trip. In the event that medication is needed immediately, parents can request it from staff once the majority of children have been collected on return from the trip.

All medication must be handed in by the responsible adult.

LUGGAGE: A clothing list is attached to help with packing

- One medium-sized suitcase please do not include any aerosols.
- One item of hand luggage this should be a small rucksack containing a packed lunch for Wednesday, if you are providing one from home.

Please ensure your child's coat is not packed in his/her suitcase.

SUN HAT/ CAP

In case we have hot, sunny weather, your child needs to bring a baseball cap/hat to wear during the time when he/she is "out and about".

PACKED LUNCH

Packed lunches will be provided for all children, who normally have a school meal, unless you inform us otherwise in writing that you would like to provide a packed lunch from home. Children, who usually bring a packed lunch, should do so on the day of the trip.

Please note packed lunches **must not contain nuts or nut products.**

We expect to arrive at ROCK UK at approximately **11:50**. A message to say that we have arrived safely will be posted on our social media paltforms: Twitter (@crosshalljunior twitter.com/crosshalljunior) and Facebook (Crosshall Junior School Academy Trust) with #CJSRock23.

SECURITY

Staff will be accommodated near to the children.

A fire drill will be carried out shortly after we arrive at ROCK UK.

MEALS

Meals at ROCK UK are taken in the dining room.

Breakfast consists of yoghurt, toast, cereal and juice. A hot lunch will be provided. Evening meals are plentiful and the children can usually choose from two options. Special dietary requirements will be catered for. Please ensure we have the details in advance.

ACTIVITIES

During the trip, your child will be in a small group under the direct supervision of one of the staff and members of staff from ROCK UK. He/she will participate in the following activities:

- Canoeing
- High Ropes/Aerial Adventure
- Raft Building
- Walk the Plank
- Rock Climbing

Evening activities, which will be supervised and led by Crosshall Staff, will consist of:

- Campfire
- Football Pitch

RETURN TRAVEL ARRANGEMENTS - Return Journey Friday 9th June

Expected time of arrival at Crosshall: approximately 15:20

The journey will be by coach.

We will contact the school once we leave ROCK UK, who will post any updates on our social media platforms.

Please make arrangements to collect your child on his/her return. Please wait by the adventure playground and the children will exit through 6JE classroom and the Grantchester room.

EMERGENCY CONTACT ARRANGEMENTS

During school hours please contact the School Office on 01480 475972.

MONEY AND VALUABLES

- Pocket money should be a maximum of £5 and this will be checked. Please send in some coins if
 possible. Please ensure this is placed in a named purse, rather than in an envelope, and brought
 to school on the morning of departure.
- The group leaders will collect all purses for safekeeping and issue them to your child as required.
- NO VALUABLES should be taken on the trip (mobile phones, expensive jewellery, watches, etc).
- **CAMERAS** If you wish for your child to take a camera, we recommend one of the disposable types. It must be labelled with your child's name.
- Please **do not** allow your child to bring a hand-held computer game or similar.
- Please note that adults cannot take responsibility for valuables.

INSURANCE

Travel, personal accident/illness and property insurance for this trip have been arranged through our own insurance company.

May I close this letter by thanking you for your support for this trip. We are confident that your child will thoroughly enjoy the experience of travelling with Crosshall Junior School.

Yours sincerely,

Mr Righetta

Head of Year Six and Trip Leader

SUGGESTED CLOTHING LIST FOR RESIDENTIAL TRIP TO ROCK UK

The list that follows this page is intended as packing guidance for clothing. You may wish to include extra items, which are not on the list.* We suggest that four complete changes of outdoor clothing are needed. Children do not need good, expensive clothing. They should have at least three sets of clothing that can be worn for a very wet and muddy activity. We do have three wet activities included so two sets of dry clothes for these days would be beneficial.

We have already explained to the children that they should be careful not to pack too many things as they have to carry their own luggage from the coach to their rooms. We hope that, by checking the clothing prior to both the Crosshall and ROCK UK departures, the risk of lost property will be reduced.

The prime considerations should be:

- comfort;
- possible weather conditions hot/cold/rainy;
- ease of transport.

Please ensure <u>all items have your child's name on</u>. Please tick off the items on the checklist as you pack, and attach it to the inside of your child's case, to help ensure your child brings home the correct clothing. It is helpful to pack the case with your child so that he/she can identify belongings on return.

LUGGAGE MUST BE LIMITED TO ONE CASE OR BAG.

PLEASE INCLUDE A LABELLED PLASTIC BAG FOR ANY MUDDY/WET CLOTHES.

PLEASE DO NOT PACK ANY SWEETS OR PERSONAL FOOD SUPPLIES.

* All children must wear a school sweatshirt for the outward journey and have a coat with them – **not packed.**

name and address				
ALL ITEMS MUST BE CLEARLY NAMED				
ITEAA	CHECKED ON PACKING	CHECKED ON DEPARTURE		

ITEM	CHECKED ON PACKING	CHECKED ON DEPARTURE
School sweatshirt (see aforementioned)		
Сар		
T-shirt (6)		
Trousers / Jeans		
Jogging bottoms		
Shorts		
Sweaters / Sweatshirt		
Rubber soled closed shoes for wet activities		
- (flip flops and crocs are not acceptable)		
Underwear		
Socks		
Nightwear		
Dressing gown		
Bath and hand towels		
Washing kit – no aerosols		
Brush / Comb		
Indoor slippers or a pair of shoes for indoor		
use only (compulsory)		
Outdoor shoes		
Trainers / Walking boots (compulsory)		
Waterproof jacket		
Sun protection cream		
Bin bag for dirty clothes		