



31<sup>st</sup> March 2023

Dear Parent/ Carer,

**Reminder: nut based products banned from school**

As you may already be aware, we do have pupils attending the school with nut allergies. An anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation, or any other contact with nut-based products, depending on the severity of their condition. For their safety, Crosshall Junior School is a nut-free premises.

Please do not send your child into school with any nut-based product for a snack or packed lunch – this includes products that may contain traces of nuts. Potential allergens could include the following:

- NUTELLA, and NUTELLA based products
- other butters or spreads e.g. peanut butter. almond butter
- cereal bars
- some types of biscuits containing nuts
- cakes containing nuts
- some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if you child consumers any nut-based products before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and the pupil in question's allergy is so severe that even the slightest of contact with nuts would cause a severe and potentially life-threatening reaction.

As a school, we do not serve meals that contain nut-based products. We also ensure all food tables are disinfected before and after being used with antibacterial wipes and cleaning fluid.

To further assist in this matter, we have spare adrenaline auto-injectors (AAI) in the school in the event of a pupil having an anaphylactic shock.

If any pupil is found with a nut-based product, it will be confiscated and disposed of immediately.

Thank you in advance for your cooperation with this matter.

Yours sincerely,

**Anne Eardley**  
**Head Teacher**