



17<sup>th</sup> June 2022

Dear Parent/Carer

As part of our topic all about the Ancient Greeks, we are having a very special 'Greek Day' in Year Three on **Thursday 14<sup>th</sup> July**. During the Year Three Greek Day, children will learn about the Battle of Troy, design some Ancient Greek themed Top Trump cards and draw some Greek columns using chalk.

The children are invited to come to school dressed in traditional Greek costume. Please find some suggestions attached.

Greek clothes were very easy to make and to put on. They were usually just made from a single piece of rectangular material, with no special shaping and very little sewing. On the next page you can find out how to make clothes like the Greeks wore.

The most common piece of clothing worn by men and women was like a loose fitting tunic. It had various names, but the most usual are peplos and chiton. Over this a heavier tunic or a cloak could also be worn; the cloak was called a himation.

Yours sincerely

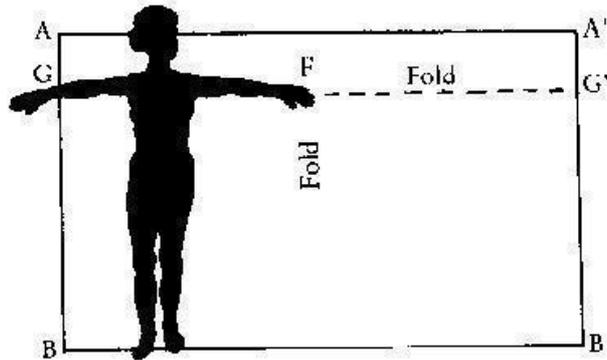
**Mr Dorey**

*Head of Year Three*

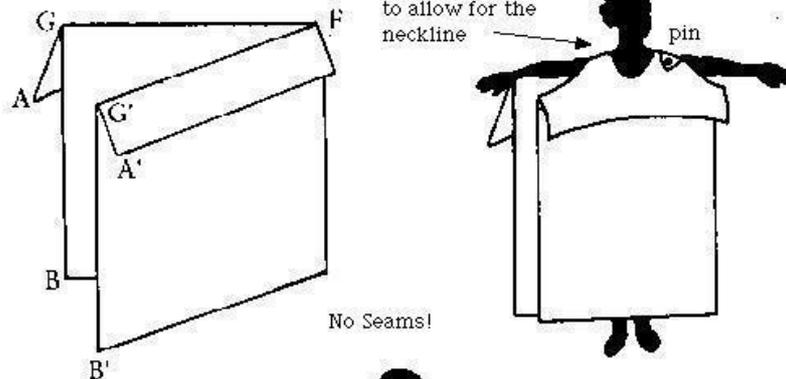
The peplos was long and was worn only by women.

To make your own peplos;

1. Take a large piece of material (like an old sheet). Its length has to be your height plus at least 50 cm, and when you fold it in half it should reach from elbow to elbow. Fold over the top 50cms or so.
2. Wrap it round you, with one side open. Fasten it at the shoulders with safety pins or brooches.
3. Tie a belt around your waist. Pull the extra material up so that it hangs over the belt – and so you don't trip up.



Again, make the front a little wider than the back to allow for the neckline



## PEPLOS

Alternative to Tunic

**STOLA** (rectangular wrap overdress, worn over tunica) would be made and worn similar to peplos, but without the fold-down.

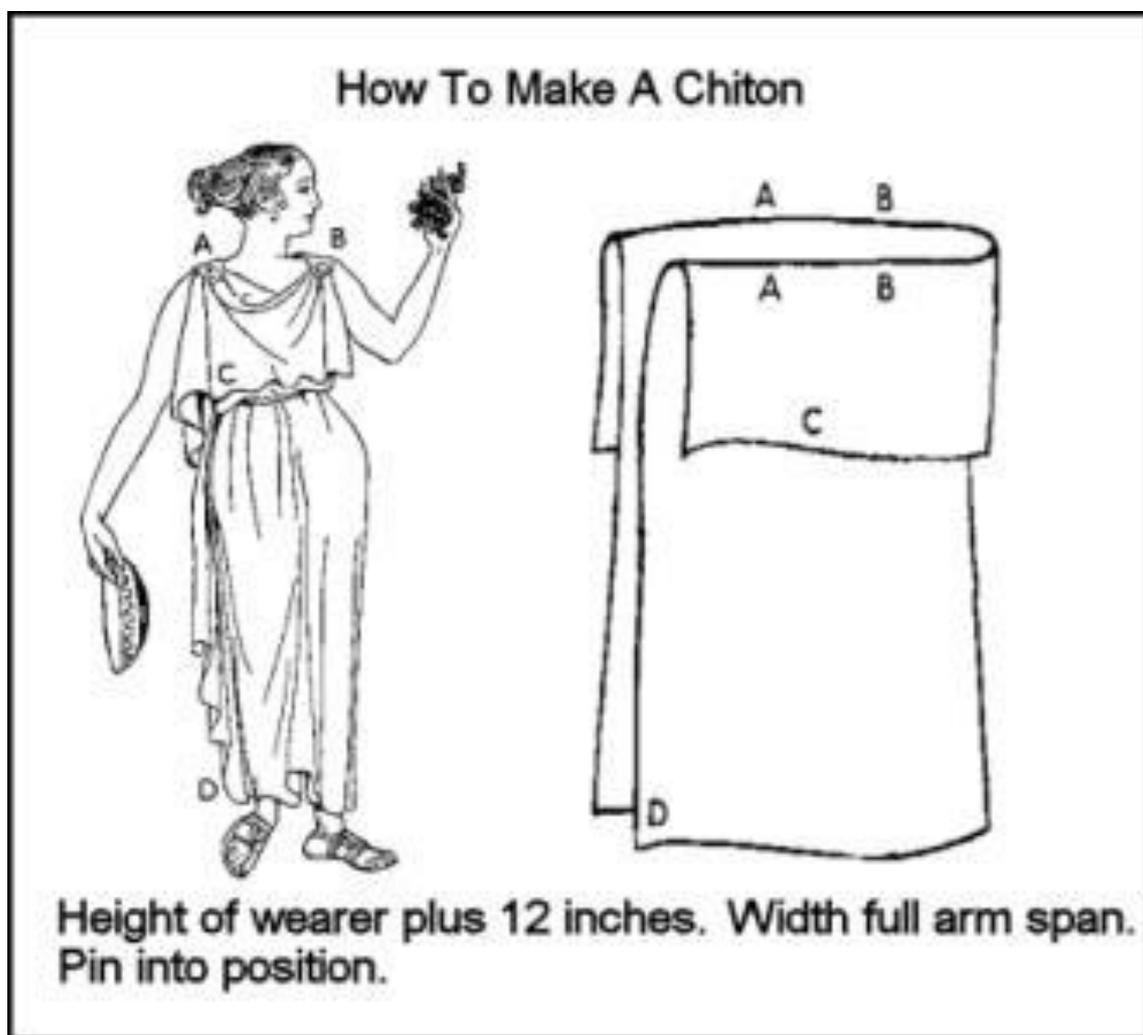


Pattern for peplos with overfold to waist, made from a queen-size sheet, belted at the waist under the overfold panels with kolpos (pouch of material bunched over belt) showing.

The chiton was worn by men and women and could be long or short.

To make a chiton:

1. For a long chiton, the length of material has to be the same as your height. When you fold it in half it should reach from finger-tip to finger-tip.
2. Sew along the side seam. Join the top edge at intervals with safety pins or brooches, or by sewing. Don't forget to leave holes for head and arms to go through. Slip it over your head.
3. Tie a belt round your waist and pull up the extra material so that it hangs over the belt.



Sandals or plimsolls can be worn on the day. Boys may wish to wear a white T shirt and shorts under their tunic.