



14th January 2022

Dear Parent/Carer

Year Three Design and Technology Healthy Snack Project

In Design and Technology this term, the children are making a healthy snack which will consist of couscous and some additional ingredients.

In preparation for designing and making their own couscous, the children will have the chance to taste a range of ingredients:

- cucumber
- red pepper
- green pepper
- green olives
- carrot
- celery
- tomato
- spring onion
- dried apricot
- sultanas

Allergies: Please let your child's class teacher know if he/she is unable to taste any of the above ingredients by Friday 21st January.

After tasting the above ingredients, children will design their own couscous snack, make it, eat it and then evaluate it.

Please send your child into school with an empty, labelled food container which they can make their couscous in. Please send this into school by **Friday 28th January** so we can quarantine the container before the children use them the following week.

Yours sincerely

Mr Chris Dorey

Head of Year Three